



EPK

CAN YOU HANDLE THE PRESSURE

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BIOGRAPHY

Pressure is a melodic rock band hailing from Stockholm, Sweden. With songwriter and lead guitarist Simon "Siirpo" Forsell at the helm, vocalist Olof Jönsson and guitarist Emil Salling lead everyday people around the world to overcome and embrace the pressures felt from everyday existence. Their lyrics famously show that there are two sides to every story - the good and the bad. Every song has a double meaning. Pressure wants their music to be used as tools to handle the different kind of pressures that surrounds us.

The lead singer Olof puts his soul into each and every word he performs, and he is backed up by the guitars intriguing melodies and rhythmical sound.

The band began their journey together in 2018, and since then they have worked around the clock to build their unique sound and powerful songs. Pressure is always putting up a great show for you and their aim is to make memories and epic musical moments together with their fans.

A quote that can summarize their lyrics is: "How can you tell a story about life if you haven't dared to live life to its fullest and take chances so you can say you have been there and done that!". Pressure is all about every story, every moment, every Pressure!

In 2020, the band has been releasing their first Swedish singles and are translating their songs to English and German, gearing up for their upcoming album and getting ready for world domination.



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THE BAND

LEAD VOCALS - Olof Jönsson



A passionate singer with an amazing voice. He can handle everything from hard music to soft music with a lot of emotions.

Olof uses his personality on stage and likes to move around and use his body language to enforce the meaning of the song

Olof has a winning personality. He really knows how to handle a crowd. He can really reach you with his great voice.

Olof has been fronting other bands as well and is also a Baker with his own bakery!



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THE BAND

GUITAR – Emil Salling



A rhythmic and strong guitarist with a heavy sound. Emil makes Pressure live up to their name with his 7 stringed guitar. Emil is always looking for a way to improve the show. He is also the bands graphical and technical genius. He builds a lot of the technical stuff that the band is using.

Emil has been playing the saxophone and bass guitar. He is also active in the computer business.

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THE BAND

*LEAD GUITAR, BACKING VOCALS –
Simon Forsell*



A guitar player with all the melodies and feelings to really project the core of the song onto his guitar. Simon writes most of the songs that Pressure plays and finds his inspiration and motivation in different experiences and feelings. He says that to write about life you must dare to live your life. On stage Simons eyes is full of fire and he is not playing the guitar, he IS the guitar.

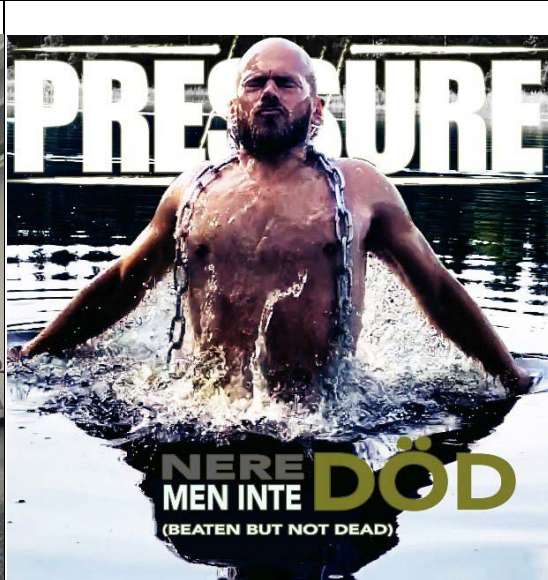
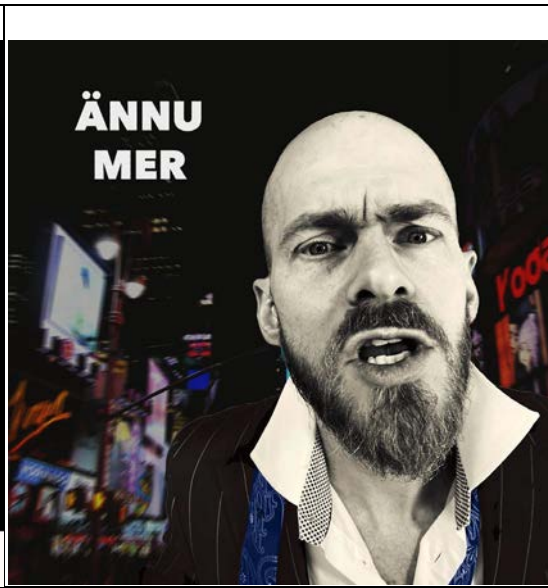
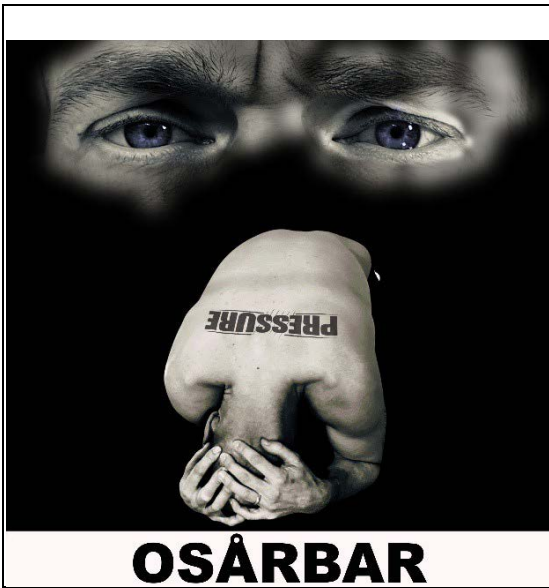
Simon is the bands contact for different questions.

Simon is also working as a guitar instructor and a session musician.

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DISCOGRAPHY





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LIVE SHOWS / SELECTION

2020-02-28 M/S Patricia

2018-03-14 Rosersbergs Slott

2018-04-21 Harrys

2015-10-23 Alviks marina

2015-05-09 Jackpot Rockbar - Väsby

2017-08-25 Kungsängens Sportbar

2018-02-17 Broder Tuck

Company gigs:

2017-02-09 Scandic

2017-06-01 Toyota

2016-12-08 SITA

2017-08-18 Karolinska

2017-04-20 SAAB





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PRESS / SELECTION

Podcast - Momma Mary's Mayhem 2020

<https://www.facebook.com/MommaMarysMusicMayhem/videos/424908801847055>

Review - The other side review 2020

https://www.theothersidereviews.com/pressure-beaten-but-not-dead-2020/?fbclid=IwAR2P_Vy_zTN4h0F-xqtezOW_apyJ2sjoamXOhpTCLLFoTuHDn3FHqRKmD74

Interview, Whichcoast, 2020

https://www.whichcoast.com/reviews/pressure-beaten-but-not-dead?fbclid=IwAR2XGxebJ5Q_pOdqgg_mgqYrXXPz03Xa30U1gJ_C7RQ6SB3i_xzbD411qT0

Interview - Pete's rock news and views 2020

http://petesrocknewsandviews.com/pressure-interview/?fbclid=IwAR17BBgXhQQkvDWrjZOUBGL0xbbZoJX1x10_jv--VzXsVEbU3E8IDXKTOR0

Interview, Games, Brrrrrrains and headbanging life 2020

<https://www.gbhbl.com/band-interview-pressure/?fbclid=IwAR2Ym43MmotRGDyVg5xiul4sTxq3K6Dg6SLbmAyv-qI4RpGgB8eGtesxYow>

Interview The musical Hype 2020

https://www.themusicalhype.com/getting-to-know-pressure-interview/?fbclid=IwAR3w_8muLLgguD-8jTpBQKXRbo91ey8QztfSM70DlgyyBcu8HJ00B4aTf4A

Review, Stepkid, 2020

<http://stepkid.com/reviews/pressure-beaten-but-not-dead/?fbclid=IwAR0M9ycSYxBRDwpF4IPsybhObjqN0pahmMzKiqVwUhKuuNw3mpgufXjXXjg>

Blogpost, Maloik rockblog, 2020

<https://themaloikrockblog.se/nyheter/ny-singel-pressure-nere-men-inte-dod/?fbclid=IwAR36XwQ8u0AhZQDkXGAhfp1NBn8CUMSYmMZ7QuluvLw7TS6v3WZsDmoVIC8>

Podcast, Manifest brutality, 2020

https://www.youtube.com/watch?v=PGvqrlrvAk0&feature=youtu.be&fbclid=IwAR2ZxsfkVPh7YqhWh_nryZGSAm9WBGJzYzBIWP55fXokBYZehI65A7p6ILM

Interview, Xttrawave, 2020

<https://xttrawave.com/music-interview-lead-guitarist-simon-band-pressure-new-single-the-shadow/?fbclid=IwAR2yFK4NMFBSnWmXuByJebpPpvAU8KmwYrKFyO4ln34XDeRxqsDPxoE5pl>

Blogpost, All indie magazine, 2020

http://www.allindiemagazine.net/2020/07/featuring-shadow-by-pressure.html?m=1&fbclid=IwAR2NMdSOvptife06N0B3HT1m2o-llw67xiC-kR_oICpL05TIVYo_B-Lnu3U

Interview, Blog Talk Radio, 2020

<https://www.blogtalkradio.com/endiefiya/2020/06/08/music-mondays-live-with-swedish-rock-band-pressure>

Interview, Indie Tapes, 2020

<https://indie-tapes.com/052pressure>

Interview, Sparkling Sound, 2020

<https://www.sparklingsoundblog.com/post/interview-pressure-olof-j%C3%B6nsson>

Reviews Shewolf, 2020

<https://shewolf.eu/pressure-ueberzeugen-erneut-mit-episch-hymnischem-song-beaten-but-not-dead-video-melodic-alternative-rock-heavy-rock/>

<https://shewolf.eu/pressure-melodic-heavy-rocker-streamen-ihre-neue-single-the-shadow- hoert-hier-rein-review/>

<https://shewolf.eu/pressure-druckvoller-melodic-rock-mit-metal-einflussen-und-dem-neuen- song-annu-mer-audio-melodic-rock-melodic-metal/>

Podcast intervju, Thingz of That Nature, 2020

https://open.spotify.com/episode/4AWDXl6kA677g9cSYMVWPB?si=PrzmS0UcTAy9zFZhs3jpvA&fbclid=IwAR0GyfdNX7S0i0KGTsnYG5EpT07VE4JUE-CIdGt38wBWrAKsrmyj3keY_f8



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THE TEAM

Producer:

Izzy Ander – Izzy Von Scarecrow

Technical Advisor:

Jonas Jonte Karlsson

Bookings:

Miriam Rosenström

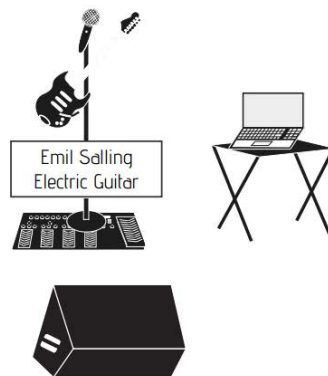
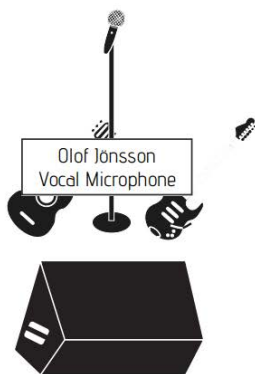
PR:

Samantha Dodson – Sambone Promotions

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TECHNICAL RIDER



Band member
Equipment
Extra Detail

Equipment
Extra Detail

Equipment
Equipment
Extra Detail
Equipment
Extra Detail
Equipment
Extra Detail

Band member
Equipment
Extra Detail
Equipment
Extra Detail
Equipment
Extra Detail
Equipment
Extra Detail

Band member
Equipment
Extra Detail

Equipment
Extra Detail

Equipment

Emil Salling
Vocal Microphone
Backing vocals 2, lower volume, mic need to be provided or the band should be notified to bring own microphone
Electric Guitar
Rythm guitar does not need real amp, uses Boss GT10 preamp direct to PA and FOH

Multi Pedal
Monitor
Main mix
Table
Table for computer, can be small
Laptop
This is a important channel. From computer to stereo channel or two mono channels. Band will bring Stereo to RCA.

Olof Jönsson
Vocal Microphone
Lead vocalist, using normal dymamic mic, sometimes using a preamp TC Helicons voicelive
Monitor
Main mix
Acoustic Guitar
DI, only used in few songs
Electric Guitar
No amp needed, preamp is used.

Simon Forsell
Vocal Microphone
Backing vocals, microphone need to be provided, or the band should be notified if they need to bring own microphone
Electric Guitar
Lead guitarist uses preamp direct to PA and FOH no amp needed

Multi Pedal

Pressure

Sound engineer is preferred. Band can do sound themself, then mixer must be on stage. Band can bring own mixer. Contact the band to make arrangements. Band is using click/backgrounds so exact time of show can be provided.

Band has full backline and light and sound for up to 300 people, but due to setup time prefer to play on backline on venue.



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TECHNICAL RIDER

Channel	Instrument	Mic/DI	48v	Boom stand	Effects	Send to monitor	Notes
1	Lead vocals	Mic		Telescope boom	Reverb	yes	Sometimes using preamp vocallive
2	Backing vocals	Mic		telescope boom	reverb	yes	Does not bring microphone
3	Backing vocals 2	Mic		Telescope boom	Reverb	yes	mic need to be provided
4	Lead guitar	DI				yes	XLR
5	Lead guitar 2	DI				yes	XLR
6	Rythm guitar	DI				yes	6,3 cable
7	Rythm guitar 2	DI				yes	6.3 cable
8	Acoustic guitar	DI				yes	6.3 cable
9	Electric guitar	DI				yes	6,3 cable
10	Drums and Bass	DI				yes	Stereo to RCA cable



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SOCIAL MEDIA

Instagram:

<https://www.instagram.com/pressuresweden/>

Facebook:

<https://www.facebook.com/pressuresweden/>

Spotify:

<https://open.spotify.com/artist/7a9rKp03MYJv4leDN7Mm8k>

Youtube:

<https://www.youtube.com/c/Pressuresweden>

Apple Music:

<https://music.apple.com/artist/pressure/1502658811>

Soundcloud:

<https://soundcloud.com/pressuresweden>

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IMAGES



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