



Turning Imbalance into Potential

For organizations and Individuals

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Services

- Workshops
- 1:1 coaching
- Online mind training
- Facilitation of organizational development
- Talks and keynote speaking

Areas of Expertise

- Diversity, Equity and Inclusion (DEI)
- Large Scale Programs
- Mental Health
- Mind training

Educational Background

- Kohlrieser Leadership Institute
New Adventures in Leadership
Completed in 2022
- Djoef/Metropol University College
Bachelor of leadership
Completed in 2017
- COK
Project Management
Completed in 2012
- University of Aarhus
Master of Political Science
Completed in 2005

About

20 years of professional experience. Executive experience from the private, public and civil sector. Public speaker, author and call-in expert in government programs. Personally cured in 2008 from multiple mental disorders without any use of pharmaceuticals - using only holistic mental training skills which now lay the groundwork of his services. Public figure in regard to destigmatization of mental disorders and the potentials of mind training.

Professional Experience (short extract)

GOM - Go Open-Minded Ltd. and Train Your Mind Ltd.

2021 – Present

Key responsibilities:

- Founder and CEO: Strategic development and execution
- Network and funding
- Development and key content-creator of the scalable online mind training platform, see: www.trainyourmind.fit

Frederiksberg Local Government | Various positions

2009 – 2021

Key responsibilities:

- High level management - responsible for programs for citizens with various mental disorders, autism and social issues.
- Management of 70 health professionals and org. programs.
- Teamleader and developer of an 8-year strategic plan of the modernization of local government social services.

Oxford Research/DMA Research | Analyst/Chief analyst

2003 – 2009

- Key responsibilities:
- Evaluation of public government programs in the mental health area.
- Teamleadership and project management.
- Company internal education programs on statistical methods.

Boards and Chairmanship

Future Care, Member of the Advisory Board

2022 -

Frederiksberg Football Club, Chairman of the Board

2012– 2014

Testimonials

www.youandx.com/speakers/jesper-hegelund-bertelsen